



**Presents:**

**22-time All American**

**PHIL KINER**

**TWO DAY**

**TRAPSHOOTING CLINIC**

**April 28<sup>th</sup> & 29<sup>th</sup>**

**CLINIC FEE: \$350**

***\*\* A \$25 deposit is required to reserve your spot. \*\****

## **Schedule Overview**

### **Day One**

- 8:00am - 10:15am "Chalktalk" session focusing on basics, mental theory, preparation & gun fitting.
- 10:15am- 12:00pm 16 yard shooting with tape review & discussion.
- 1:00pm -6:00pm Handicap shooting with tape review& discussion.
- 6:00pm-8:00pm Doubles for those who wish @ no extra charge.

### **Day Two**

- 8:00am – 6:00pm Review and discussion. Shoot & video for the rest of the day

**Class size is limited to only 10 shooters!!**

**With this kind of personal attention the class will fill up fast**

**Contact Bryan Craft at 559-908-7597 or [Bryan@Calkidd.com](mailto:Bryan@Calkidd.com)**

**For reservations**

***INVEST IN YOURSELF THIS SHOOTING SEASON!  
WHAT IS ONE MORE TARGET AT THE RIGHT TIME WORTH?***

**General Clinic Information:**

This clinic is designed to give all groups of shooters additional tools to help you progress to higher levels of shooting expertise. I make extensive use of the video camera by taping the participants and then replaying the tape in the clinic so you can see your technique and then improve it.

### **Class Overview:**

Day one starts at 8 a.m. with a "chalk talk" for about 90 minutes. In addition to the basics, there will be extensive discussion regarding vision and mental attitude and concentration. You also receive concentrations "tips" that are immediately applicable to your shooting. Next we initial check gun fit. We then go to the practice line to shoot and videotape.

On day two we shoot 25 singles to warm-up and then switch to handicap (125 targets) and then doubles (150 targets). We conclude the clinic with a short session on eye exercises.

I have used this format across the country the past 10 years with positive results. Feel free to contact me to get the names of any former student for their opinion. If you have further questions please feel free to call or e-mail me. For more information, please call me 307-635-1451 or e-mail me at [pkiner@cheyenneweb.com](mailto:pkiner@cheyenneweb.com)

### **Schedule/Format:**

#### ***Day 1 Format***

8 to 10:15am	Chalktalk session of basics, mental theory, visual and gun fit
10:15am to noon	16-yard shooting / Tape review
Noon to 1:00pm	Lunch / Overview
1 pm to 6 pm	Handicap shooting / Tape review
6 pm to???	Doubles, eye exercises and wrap up.

#### ***Day 2 Format***

8 am to 6 pm	Shooting 25 16's 125 hdcp and 150 doubles.
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**\*\* All times are approximate and may vary\*\***

### **What to Bring:**

***Paper and Pen/Pencil:*** Be prepared to take notes from the tape replay. You should make and take home notes on things to work on based on the video of your shooting. These will include such things as stance, mount, gun placement on shoulder, right hand left hand issues and other such things.

***Ammo and Gun:*** Shooter provides his or her own ammunition and gun. You will shoot 175 targets (typically 75 –16's & 100 hdcp) plus 50-100 more if you shoot doubles. Reloads are fine.

**\*\* A \$25 deposit is required to hold your spot. \*\***

*The deposit will be refunded if weather cancels the class. Weather-related decisions for go/no-go are made by the class.*

*Target and course fees are payable to the host gun club.*